

Peanut Butter & Jam Smoothie

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2 Servings



succeed easily

up to 5 Min.



Ingredients:

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- 1 Banana
- 50 g Yoghurt
- Milk (150ml)
- 2 tbsp Dr. Oetker FunFoods Peanut Butter - Crunchy
- 2 tbsp Mixed Fruit Jam
- 3 - 4 Ice-Cubes

- 1 In a blender jar, add yoghurt, milk, peanut butter, jam, banana and ice-cubes. Blend for 20-30 seconds or until smooth. Serve.

Tip from the Test Kitchen

- For a healthier version replace jam with almonds or walnuts.