



Vegan Quinoa Bowl

A healthy Quinoa recipe with veggies and chickpeas

about 1 - 2 Portions

 succeed easily

 up to 15 Min.



Ingredients:

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50 g Quinoa (boiled)
1 Piece Tomatoes (sliced)
5 no. Broccoli Florets (boiled)
100 g Mix Lettuce leaves (torn into bite size pieces)
1 Piece Medium Radish (sliced)
1 medium Avocado (sliced)
50 g Chickpeas (boiled)
Salt
Black Pepper Powder
60 g Dr.Oetker FunFoods Vegan Mayonnaise Plant Base (4 tbsp)

- 1 In a bowl alternatively place quinoa, followed by tomatoes, broccoli florets, lettuce leaves, red radish, avocado and chickpeas. Season veggies with salt and pepper. Drizzle mayonnaise and serve.